

Daily Lunch Menu

	Dish 1	Dish 2	Dish 3	Dish 4
DAY 1	Nyonya Assam Fish 娘惹阿萨鱼	Seasonal Green Vegetables 当季青菜	Minced Meat Steamed Egg 肉碎蒸水蛋	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 2	Braised Pork with Beancurd 豆干焖五花肉		Nan Ru Chicken Mid Wing 南乳鸡中翼	Chinese Yam and White Fungus Chicken Soup 山药银耳鸡汤
DAY 3	Pan Fried Prawn with Homemade Sauce 豉油王煎虾		Salted Egg Pumpkin with Minced Pork 咸蛋肉碎炒南瓜	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 4	Black Pepper Chicken Cube 黑胡椒鸡丁		Stir Fried Pea Shoots with Pork Slice 豆苗炒肉片	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 5	Stir Fried Fish Fillet with Ginger Slice 姜丝鱼片		Homemade Tofu 家乡豆腐	Apple Snowpear Soup 苹果雪梨汤
DAY 6	Grandma Braised Duck 阿嬷卤鸭		Har Cheong Mid Wing Chicken 虾酱鸡中翼	Lotus Peanut Pork Ribs Soup 莲藕花生排骨汤
DAY 7	Lemon Chicken Chop 柠檬鸡扒		Laksa Yong Tau Foo 叻沙酿豆腐	ABC Soup ABC汤
DAY 8	Salted Vegetable Steam Fish 咸菜蒸鱼		Green Capsicum Pork Slices 青椒猪肉片	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 9	Roasted Chicken 烧鸡		Sweet & Sour Fishball 酸甜鱼圆	Chinese Yam & White Fungus Chicken Soup 淮山白木耳鸡汤
DAY 10	Ginger & Onion Fish 姜葱鱼		Hakka Style Stuffed Beancurd 客家风味豆腐	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 11	Ginger Duck 姜母鸭		Minced Pork Tofu with Assorted Mushrooms 虾仁鸡蛋	Apple Snowpear Soup 苹果雪梨汤
DAY 12	HK Style Steam Fish 梅菜蒸肉饼		Baked Honey Wings 蜜汁鸡翅	Blackbean Chicken soup 黑豆鸡汤
DAY 13	Braised Pork 招牌卤肉		Stir Fried Tung Hoon with Crab Bites 蟹粒冬粉	Bak Kut Teh 肉骨茶
DAY 14	Black Pepper Chicken Cube 黑胡椒鸡丁		Chinese Style Scramble egg with Tomato 番茄炒蛋	ABC Soup ABC汤
DAY 15	Vinegar Pork Trotter 猪脚醋		Fried Brinjal with Floss 肉松茄子	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 16	Nyonya Curry Chicken 娘惹咖喱鸡		Herbal Lala 姜酒啦啦	Chinese Yam & White Fungus Chicken Soup 淮山白木耳鸡汤
DAY 17	Hainanese Pork Chop 海南猪扒		Stir Fried Lotus Roots 莲藕三系	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 18	Teochew Style Steam Fish with Tofu 潮州豆腐蒸鱼		Braised Pork with Preserved Vegetables 梅菜扣肉	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 19	Gong Bao Chicken 宫保鸡		Butter Prawn 奶油虾	Apple Snowpear Soup 苹果雪梨汤
DAY 20	Honey Baked Pork Ribs 蜜汁排骨		Seafood Omelette 海鲜煎蛋	ABC Soup ABC汤
DAY 21	Steam Fish with Black Bean Sauce 豆豉蒸鱼		Stir Fried Brinjal with Minced Meat 肉碎茄子	Bak Kut Teh 肉骨茶
DAY 22	Fujian Red Wine Chicken 红酒鸡		Stir Fried Celery with Shrimp 虾仁炒芹菜	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 23	Ginger & Spring Onion Pork Slice 姜葱猪肉片		Sambal Lala 叁八啦啦	Blackbean Chicken Feet Soup 黑豆鸡脚汤
DAY 24	Chaipo Fish 菜圃蒸鱼		Satay Beancurd 沙爹肉干	Papaya Fish Soup 木瓜鱼汤
DAY 25	Grilled BBQ Chicken 蜜汁烤鸡		Braised Beancurd with Prawn 红烧虾豆腐煲	Peppery Pork Stomach Soup 猪肚汤
DAY 26	Almond Coffee Pork Ribs 杏仁片咖啡排骨		Fu Rong Egg 芙蓉蛋	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 27	Orange Sauce Chicken Chop 橘子鸡扒		Sichuan Shredded Pork with Garlic Sauce 三椒煎蛋	Herbal Chicken Soup 药材鸡汤
DAY 28	Asian Glazed Salmon 鲜烤三文鱼		Hakka Yong Tau Foo 客家酿豆腐	Double Boiled Red Dates Black Chicken Soup 红枣乌鸡汤
DAY 29	Braised Duck 焖鸭		Hairy Gourd with Dried Shrimp & Vermicelli 虾米冬粉毛瓜	ABC Soup with Fishball 鱼圆ABC汤
DAY 30	Roast BBQ Chicken 风味烤鸡		Stir Fried Lotus Roots with Minced Meat 莲藕炒三丝	Herbal Bak Kut Teh 药材肉骨茶
DAY 31	Thai Basil Chicken 泰式九层塔鸡		Pan Fried Prawn Cake 千煎虾饼	Dumpling Soup in Chicken Broth 水饺鸡汤

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Daily Dinner Menu

	Dish 1	Dish 2	Dish 3	Dish 4
DAY 1	Sweet & Sour Pork 古老肉	Seasonal Green Vegetables 当季青菜	Handmade Seafood Beancurd with Oyster Sauce 蚝油海鲜豆腐	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 2	Taiwanese San Bei Chicken 三杯鸡		Egg with Hairy Melon 绘鸡蛋毛瓜	Chinese Yam and White Fungus Chicken Soup 山药银耳鸡汤
DAY 3	Nyonya Curry Chicken 娘惹咖喱鸡		Braised Beancurd with Duck & Mushrooms 豆干香菇卤鸭	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 4	Taiwanese Braised Pork with Egg 台湾卤肉鸡蛋		Preserved Radish with Handmade Tofu 菜圃蒸豆腐	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 5	Braised Chicken with Shiitake Mushroom & Black Fungus 黑木耳香菇炖鸡肉		Steamed 3 Types Eggs 蒸三色蛋	Apple Snowpear Soup 苹果雪梨汤
DAY 6	Nyonya Assam Fish 娘惹阿萨鱼		Hakka Yong Tau Foo 客家酿豆腐	Lotus Peanut Pork Ribs Soup 莲藕花生排骨汤
DAY 7	Bittergourd with Pork Rib 苦瓜焖排骨		Ginger & Spring Onion Lala 姜葱啦啦	ABC Soup ABC汤
DAY 8	Gong Bao Chicken 宫保鸡		Egg Tofu with Minced Pork and Mushroom Gravy 蒸蛋豆腐肉碎淋上蘑菇汁	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 9	Baked Teriyaki Salmon 烤照烧三文鱼		Sesame Chicken with Mushroom 香菇麻油鸡	Chinese Yam & White Fungus Chicken Soup 淮山白木耳鸡汤
DAY 10	Spicy Szechuan Vegetables with Shredded Pork 四川菜肉丝		Silverfish Omelette 银鱼鸡蛋	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 11	Sweet & Sour Fish 酸甜鱼		Stir Fried Pork Slice with Ginger 姜丝猪肉片	Apple Snowpear Soup 苹果雪梨汤
DAY 12	Thai Style Salad Pork Chop 三色鱼片		Ginger Wine Prawn 肉碎土豆	Blackbean Chicken soup 黑豆鸡汤
DAY 13	Salted Egg Chicken Chop 咸蛋鸡排		Homemade Curry with Fishball 咖喱鱼蛋	Bak Kut Teh 肉骨茶
DAY 14	Grandma Braised Duck 阿嬷卤鸭		Braised Beancurd Stick with Peanuts 焖腐竹豉花生	ABC Soup ABC汤
DAY 15	Sesame Oil Chicken 麻油鸡		Homemade Japanese Style Tofu 日式豆腐	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 16	Fish with Pickled Vegetables 酸菜鱼		Minced Meat Steam Egg 肉碎蒸蛋	Chinese Yam & White Fungus Chicken Soup 淮山白木耳鸡汤
DAY 17	Steamed Herbal Chicken Leg Wrapped in Foil 药材蒸鸡腿		Pan Fried Prawn 干煎虾	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 18	Supreme Pork Ribs 排骨王		Soya Sauce Chicken With Abalone Mushroom 杏鲍菇豉油鸡	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 19	Preserved Vegetable Fish 咸菜鱼		Salted Egg Chicken Cube 咸蛋鸡丁	Apple Snowpear Soup 苹果雪梨汤
DAY 20	Taiwanese San Bei Chicken 三杯鸡		Seafood Roll with Oyster Sauce 蚝油海鲜卷	ABC Soup ABC汤
DAY 21	Braised Pork Rib 红烧排骨		Tomato Prawn 番茄虾	Bak Kut Teh 肉骨茶
DAY 22	Hakka Nan Ru Pork Belly 南乳肉丁		Black Pepper Chicken 黑胡椒鸡丁	Wintermelon Pork Ribs Soup 冬瓜排骨汤
DAY 23	Salt & Pepper Chicken 椒盐鸡		Braised Seafood Tofu 绘海鲜豆腐	Blackbean Chicken Feet Soup 黑豆鸡脚汤
DAY 24	Braised Pork with Shitake Mushroom 香菇焖肉		Fried Nan Ru Chicken Mid Wing 南乳鸡中翅	Papaya Fish Soup 木瓜鱼汤
DAY 25	Braised Claypot Seafood 红烧海鲜豆腐		Stir Fried Sesame Oil Pork 麻油猪肉	Peppery Pork Stomach Soup 猪肚汤
DAY 26	Steamed Chicken with Black Bean Sauce & Wolfberry 枸杞豆豉酱蒸鸡		Tung Hoon with Dry Shrimp 虾米冬粉	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 27	Steam Fish with Black Bean Sauce 豆豉蒸鱼		Vietnamese Spring Roll 越南春卷	Herbal Chicken Soup 药材鸡汤
DAY 28	Hainanese Chicken 海南鸡		Tomato Sauce Shrimp Omelette 番茄虾仁炒蛋	Double Boiled Red Dates Black Chicken Soup 红枣乌鸡汤
DAY 29	Chilli Lala 辣椒啦啦		Soya Sauce Chicken With Abalone Mushroom 杏鲍菇豉油鸡	ABC Soup with Fishball 鱼圆ABC汤
DAY 30	Pork Belly with Preserved Vegetable 梅菜扣肉		Mapo Tofu 麻婆豆腐	Herbal Bak Kut Teh 药材肉骨茶
DAY 31	Baked Fish with Sambal 叁八烤鱼		Salt & Pepper Sweet Potato 椒盐番薯	Dumpling Soup in Chicken Broth 水饺鸡汤

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